

# Identifying

what is unique in leading a ministry to children

# The Pressure Points



SAMPLE

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# Identifying The Pressure Points

*Barna's study, Children's Ministry in a New Reality, suggested that nearly 70% of children's ministry leaders were at risk for burnout in 2022. Some have guessed that the retention rate for KidMin leaders is 3-5 years.*

~ Christie Penner Worden, The Most Important Competencies in Children's Ministry  
<https://ministryspark.com/most-important-competencies-childrens-ministry/>

Longevity is not the norm.

This training is not a silver bullet to prevent burn out.

## MINISTRY PRESSURE POINTS

Burnout is often characterised by more burden, less joy.

Some of the weight is God-given.

### **The burden for the lost**

(God)... wants all people to be saved and to come to a knowledge of the truth. 1 Timothy 4:4

We don't want anyone - man, woman, or child - to miss out.

### **The burden to serve others well**

Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. Romans 12:11

Serve with all that we have, but not sacrifice ourselves in the process.

### **The burden to be an authentic disciple**

Whoever wants to be my disciple must deny themselves and take up their cross and follow me. Matthew 16:24

It's about Jesus before it's about me.

### **The burden to lead yourself and others well**

Watch your life and doctrine closely. Persevere in them, because if you do, you will save both yourself and your hearers. 1 Timothy 4:16